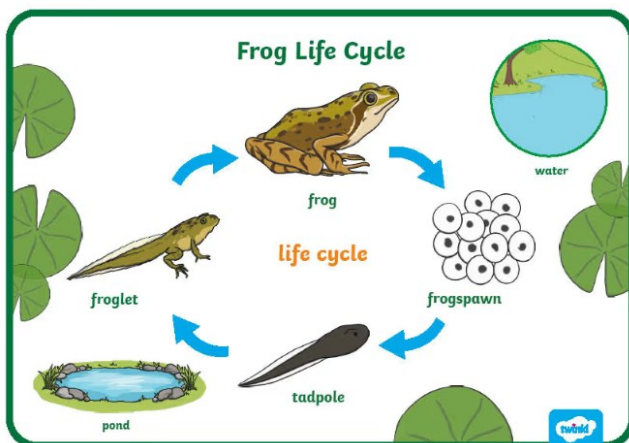
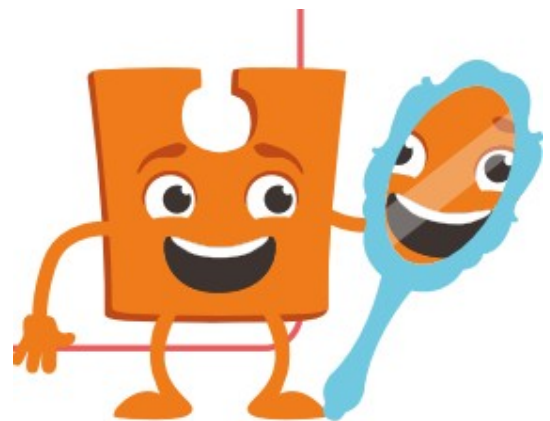




Changing me

Key Knowledge:

The children will explore how they feel about change, why change happens and how it is a part of growing up. They will learn how everyone goes through these changes at slightly different rates, to respect their body, and know which body parts are private. Finally, children will discuss how to cope with change.



Vocabulary

- changes
- life cycle
- baby
- adult
- growing up
- male
- female
- penis
- testicles
- vulva
- anus
- private
- coping
- excited
- proud
- worried
- happy
- nervous
- curious

Learning Questions

- Can I describe the life cycles of animals and humans?
- Can I describe what has changed about me and what has stayed the same?
- How has my body changed since I was a baby?
- Can I use the correct names for the male and female body parts?
- How can I cope positively with changes?
- What changes have happened in my life?