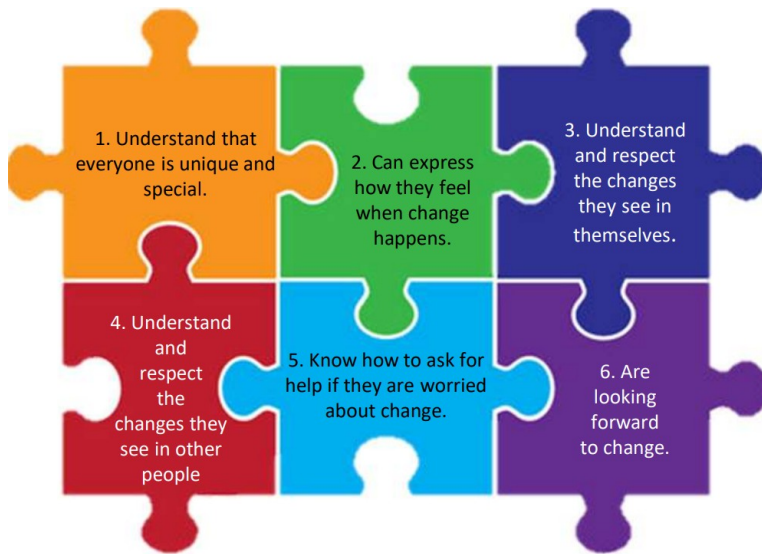




Y3 Thinking like a theologist

Changing Me

What have I learnt in this unit?



Outcome

This Puzzle piece begins with an exploration about babies and what they need to grow and develop including parenting. We will learn that it is usually the female that carries the baby in nature. We will then first look at the outside body changes in males and females. We will learn that puberty is a natural part of growing up and that it is a process for getting our bodies ready to make a baby when grownup. Inside body changes are also looked at. We will learn that females have eggs in their ovaries and these are released monthly. If unfertilised by a male's sperm it passes out of the body as a period. We will discuss how we feel about puberty and growing up and there will be opportunities for us to seek reassurance if anything is worrying us.

Reflection:

Can you tell me about some of the changes that happen to a puppy / kitten / baby as they grow up?

Can we talk about some of the changes that are going to happen to you as you grow up? How do you feel about these changes?

Do you have any questions about the changes that are going to happen to you as you grow up?

Key Vocabulary

Changes
Birth
Babies
Mother
Growing up
Uterus
Womb
Love
Puberty
Male
Female
Testicles
Sperm
Penis
Ovaries
Egg
Vagina
Stereotypes

Key Social and Emotional Skills

I can express how I feel about babies.

I can describe the emotions that a new baby can bring to a family.

I can express how I feel about puberty.

I can say who I can talk to about puberty if I have any worries

I can identify stereotypical family roles and challenge these ideas.

I can identify changes they are looking forward to in the next year

I can suggest ways to help me manage feelings during changes I am anxious about.

