



Y2 PSHE

Relationships

In this unit, I will learn about:

- my family and my relationship with them
- different forms of physical contact
- acceptable and unacceptable physical contact
- things that may cause conflict with friends
- secrets and when it may or may not be good to keep a secret
- people who can help me at school, at home and in the community

In this unit, I will explore:

- how everyone's family is different
- which types of physical contact I like and don't like
- how to use a problem-solving technique to resolve conflict with my friends
- who to talk to if I ever feel worried, including asking again
- how it feels to trust someone

Key Vocabulary

Similarities
Differences
Compliments
Trust
Honesty
Communication
Telling
Good secret
Worry secret
Conflict
Touch
Acceptable

Outcome

In this unit, children explore different types of families and learn why cooperation and care are important in relationships. They develop understanding about safe and unsafe physical contact and practise expressing what feels comfortable to them. Across the six lessons, children learn how to manage friendship conflicts, recognise the difference between good and worrying secrets, and identify trusted adults who can help them. They reflect on trust, honesty and appreciation in relationships.



Learning Questions:

Can I identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate?

Can I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not?

Can I identify some of the things that cause conflict with my friends?

Can I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret?

Can I recognise and appreciate people who can help me in my family, my school and my community?

Can I express my appreciation for the people in my special relationships?