



Personal, Social and Emotional Development Skills Progression in FS1

	Autumn Term	Spring Term	Summer Term
	<p>I can show more confidence in new social situations</p> <p>I can talk about my feelings using words like 'happy', 'sad', 'angry' or 'worried'</p> <p>I am beginning to show some control over my behaviour (For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front)</p> <p>I can choose and use activities and resources, with help when needed</p> <p>I am developing friendships with other children.</p> <p>I am more outgoing with unfamiliar people (in the safe context of my setting)</p> <p>I am becoming independent in meeting my own needs (using toilet, washing hands)</p>	<p>I can find some solutions to conflicts and rivalries (For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas)</p> <p>I am beginning to understanding how others might feel</p> <p>I can follow some rules and boundaries</p> <p>I understand why they are important</p> <p>I can play with one or more other children, extending and elaborating my play ideas</p> <p>I can make healthy choices about food, drink, activity and tooth brushing)</p>	<p>I can develop appropriate ways to be assertive</p> <p>I can talk with my peers to solve conflicts</p> <p>I can remember rules without needing an adult to remind me</p> <p>I can confidently manage my own needs</p> <p>I have a sense of responsibility and membership of the school community</p>