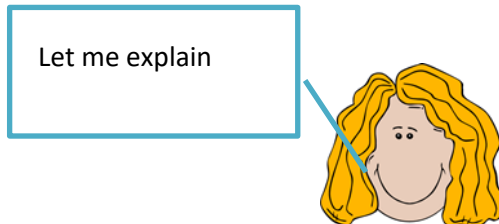
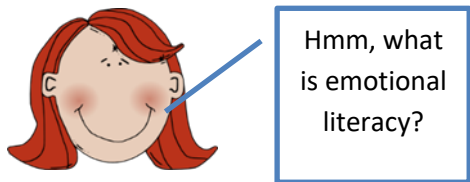


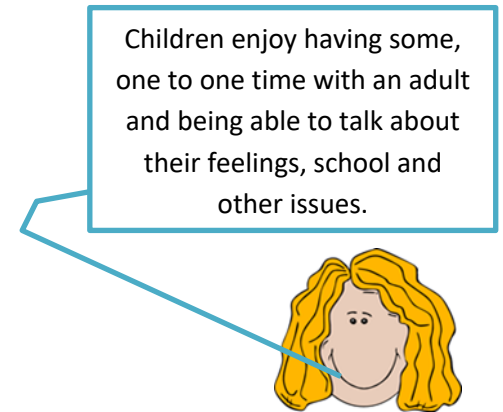
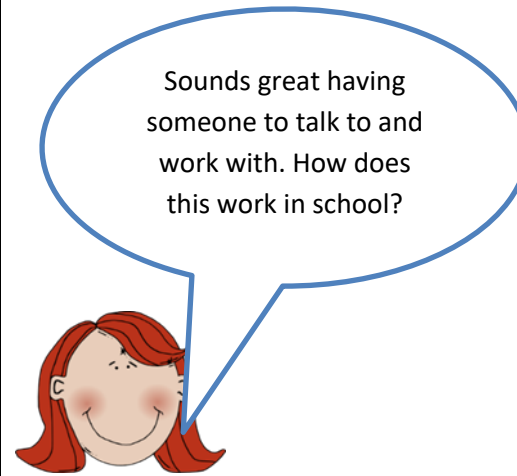


- **An ELSA is a member of staff who is trained as an Emotional Literacy Support Assistant to support children with their developing emotional literacy**



Emotional Literacy is:

- **how children understand and cope with the feelings of ourselves and others**
- **develop high self-esteem and positive interactions with others**
- **being emotionally literate helps children focus better on their learning**
- **The child's needs could be recognising emotions, self-esteem, social and friendship skills, anger management, loss and bereavement**



- **With the parents' consent the child's teacher completes a referral form for the ELSA to follow**
- **An ELSA often works with children on a One to One basis but sometimes the children may work in a group, all activities are tailored to their needs**
- **Each week a child has a 30 minute to an hour slot with an ELSA**
- **All sessions are fun and could include role play, puppets, games, art, crafts and stories**
- **There is always time to talk**
- **Every child's progress is monitored and reviewed on a half-termly basis**
- **The child's teacher and Head teacher are informed of progress and any concerns**

How do you help a child with Emotional Literacy Support?

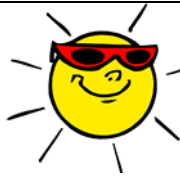


This is a good question



- It is very important to build a relationship with the child. Every child is unique and I believe in them and I'm interested in them.
- I find out their interests, worries, strengths, weaknesses and who is significant in their lives,
- Through this information and the knowledge from the class teacher, I work out a programme for the child.
- The programme could be on anger management, friendship and social skills, self-image to loss and bereavement
- All these emotions stop a child from learning to their potential, therefore, it is wise to intervene with some emotional support so that they do not bottle up their feelings to a stage where they cannot learn
- I visually demonstrate anger through the use of a firework model and the fuse before explosion.
- I use puppets to listen to the child and 'answer' appropriately
- I encourage the child to draw, colour, build things, make crafts so their kinesthetic skills are being used.

**AN ELSA IS IN SCHOOL TO
HELP AND SUPPORT ALL
CHILDREN IN ANY WAY THEY
CAN**



CONFIDENCE

FRIENDSHIPS



ELSA is an:

EMOTIONAL LITERACY SUPPORT ASSISTANT

**WHO TALKS AND LISTENS TO CHILDREN;
SUPPORTS THEM AND FINDS WAYS TO
HELP WITH THEIR
LEARNING, FRIENDSHIPS, CONFIDENCE
AND EMOTIONS**

EMOTIONS



LEARNING



